

# YLF

is for a select group  
of tomorrow's leaders



It is critical that people with disabilities growing into adulthood learn to identify themselves with pride as individuals and as members of the very accomplished disability community.

By providing a framework of history and an atmosphere of encouragement, YLF offers peers with common challenges and experiences the opportunity to learn from one another.

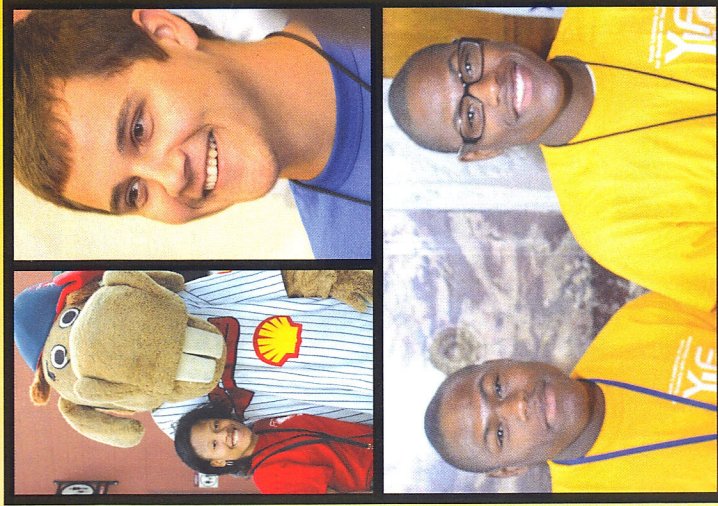
*Invest FIVE days of your summer  
and you will learn things that  
you will use for a lifetime!*

# YOUTH LEADERSHIP FORUM

for Students with Disabilities

# YLF

A Program of the  
Arkansas Department of Career Education  
Arkansas Rehabilitation Services Division  
Governor's Commission  
on People with Disabilities



For more information contact:

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## Where:

Campus of the  
University of Central Arkansas (UCA)

## Who Can Attend?

The Youth Leadership Forum (YLF) is an exciting five-day leadership program for 10th, 11th and 12th grade high school students with disabilities. It provides information on everything from assistive technology to resources that can help you as you transition to college, employment, and independent living. Other highlights of the week typically include meeting the Governor at the State Capitol, touring the Governor's Mansion and other social activities. You will also make lifelong friendships with other students from all over the state and connect with mentors!

## Cost:

There is no cost for you to attend.  
**It is ABSOLUTELY FREE!!!**

## Process:

YLF application is a competitive process.  
**There are a Limited Number of Slots Available!**

## What is YLFF?

**YLF** is a weeklong summer program for students with disabilities to learn what they need to know about life skills.

**YLF** topics include:

- Transition to secondary school
- Independent living skills
- Disability rights
- Leadership and diplomacy
- Values and diversity
- The college living experience
- Time management
- How to apply for and get a job
- Responsibilities of having a job
- Bullying and Social Media
- Nutrition and medications
- F-U-N

## What Will You Learn?

**Transition:** You have the same rights in college as you did in high school, BUT there is a difference in how you go about getting them. You'll learn those differences at YLF.

**Time Management:** To survive college, you'll need to use time wisely and have good study skills. YLF provides key elements to make things easier for you and help you learn what rights are afforded to you.

**Networking:** You'll get exposed to networking with the other YLF students. You'll learn how they thrive despite their disabilities and trade ideas with one another.

**Independent Living:** Experts in their fields will help ease the fears of moving out on your own, shopping for groceries, managing money and understanding the importance of the interaction of health care and nutrition.

