

Transition to Adulthood

5 Ws of Transition plans:

- ➤ Who? Youth with IEPs
- ➤ What? Transition Plans
- ➤ Where: Highschool

- ➤ When? By age 16
- ➤ Why? To promote independence

Why are Transition Plans needed and How are they created?

- ❖ According to Section 1401 of The Individuals with Disabilities Education Act (IDEA), they are "…a results-oriented process, which is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities…"
- They are created "...based on the individual child's needs, taking into account the child's strengths, preferences, and interests..."

What are the components of a Transition Plan?

- > Transition plan forms are included with the IEP document.
- Can include employment/education/independent living assessments, post-secondary goals, transition services and activities, courses of study, annual IEP goals, coordinated services with adult agencies, etc.

When and where should transition planning begin and plans be in place?

- ❖ Transition planning is recommended to begin by at least by age 14 in high school.
- ❖ A transition IEP must be in place by age 16 and can be held together or separately from the regular IEP.

Who should be included in the Transition IEP?

- The student must be invited and should be as involved as much as possible.
- > The parent or guardian
- ➤ The other IEP team members may include LEA, Special Education Teacher, Regular Education Teacher, Speech, and other therapists if appropriate.
- ➤ Representative of participating agency likely to be responsible for providing or paying for transition services

Unless guardianship is established for the parent to make decisions for the student, once they turn 18, the IEP rights of the parent transfers to the student

Assessments and Goals:

- The most important parts of assessments and transition goals are that they are age and developmentally appropriate for the student.
- ❖ And according to IDEA and the 504 Rehabilitation Act, assessments and transition goals must be "outcome results-oriented" and include all supports and services to achieve those outcomes.

Resources:

- https://thecenterforexceptionalfamilies.org/programs/youth-in-transition/
- https://www.independentfuturesthatwork.com/



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